

FOUNDATION TALKBACK

THE NEWSLETTER FOR FOUNDATION TRUST MEMBERS

Poole Hospital **NHS**
NHS Foundation Trust

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Chairman's welcome

Welcome to the latest edition of *Foundation Talkback*, our regular bulletin for the members of Poole Hospital NHS Foundation Trust.



My name is Angela Schofield and I was appointed Chairman of Poole Hospital NHS Foundation Trust by the Council of Governors on the 10 May 2011. I started my three year term of office on the 17 May. I have five years of experience as Chairman at NHS Bournemouth and Poole and have also been a Chief Executive of an NHS Trust.

I have also worked as Head of Bournemouth University's Institute of Health and Community Studies and particularly welcome the Trust's decision to become a University Hospital in the future.

I am greatly enjoying meeting staff and seeing the excellent service provided by the hospital. I am very proud to be part of this local organisation which is so highly regarded by the community.

We have focused this edition a lot more on the Council of Governors (pages 2 & 3) and their role within the Trust. This role will be developing further in the future with the implementation of the proposed changes determined by the government.

I would like to take this opportunity on behalf of the Trust to thank Dame Yvonne Moores who has led the hospital's Board and Council of Governors as Interim Chair since December 2010. Dame Yvonne will continue her role with the Trust as Vice Chairman and Non-Executive Director.

You will find included in this edition of our newsletter early details of our Annual Members' Meeting and I hope that you will be able to attend this and I look forward to meeting you.

I hope that you will find this newsletter informative and wish to thank you for your support of the Trust.

Angela Schofield

Angela Schofield
Chairman, Poole Hospital NHS Foundation Trust

New Scanner will mean Better Image Quality and Improved Patient Comfort

A new state-of-the-art gamma camera was officially opened in the Nuclear Medicine department at Poole Hospital. The dual-head camera offers improved image quality, as well as greater patient comfort and more flexibility.

The new SPECT (single photon emission computed tomography) camera generates 3D images of organs within the body and is used for patients with a range of conditions including cancer, renal problems and cardiac conditions. The new £240,000 camera will also be used more regularly for children, as its modern design makes it less intimidating for younger patients, and will benefit over 1,000 patients a year.

Kat Dixon, Head of Nuclear Medicine said: "We are delighted to open the new gamma camera. The new technology means our patients will benefit from the very best image quality to aid diagnosis and treatment, and the flexibility of the camera will also help us to scan more people – for example, those with poor mobility."



Patients Rate Poole Cancer Care Best in the South

Poole Hospital was ranked seventh in the UK in a league table compiled by Macmillan Cancer Support, and was the highest ranking hospital in the south of England in providing the best care to patients with cancer.

The table was compiled from the results of the Cancer Patient Experience Survey, conducted by the Department of Health. The survey asked patients to rate the care and support they received while being treated in hospital.

David Crosby, General Manager for Macmillan Cancer Support in Central and South West England says, "We congratulate Poole Hospital NHS Foundation Trust for achieving some of the best results in the recent patient experience survey. We know that the support and care people receive is as important as their actual treatment, and can make all the difference between coping with cancer and finding it a real struggle. For example, being told about financial help that is available, or being provided with really good quality information about their cancer and its treatment."

Chris Bown, Chief Executive said: "This new data is a fantastic reflection of the hard work and commitment of our staff in giving patients the best quality care. Poole Hospital treats people with cancer from across the county, and we are delighted that our high standards of care have been recognised in this way."

Council of Governors Meeting, April 2011



Presentation:

At its meeting on the 7 April 2011 the Council of Governors received a presentation from one of our Matrons, Geoffrey Walker OBE. The presentation was based on the Role of the Matron.

Geoffrey has a varied role covering:

- **Four Acute Medial Wards** (Cardiology, Gastrointestinal, Respiratory, Acquired Brain Injury, Neurology, Dermatology, Diabetes, Rheumatology and other medical specialities).
- **The Coronary Care Unit** (Including Medical High Intervention).
- **The Cardiac and Respiratory Diagnostic and Investigations departments**
- **Cardiac Rehabilitation**
- **The Medical Investigations Unit**
- **Escalation (Medical Investigation Unit / C4).**

The key role of the Matron includes:

- Senior Clinical Responsibility for all areas
- Line Management for all Nursing and Ancillary Staff including teaching and training
- Budget Responsibility
- Setting and Monitoring Standards of Practice and Ensuring Targets are met
- Key Responsibility for the Infection Control Agenda
- Discipline
- Keeping the Clinical Profile High on the Agenda
- Innovation in Practice (**Practice Development Status**)
- Advice and Support to the Trust.

Overall Geoffrey has to provide leadership to his team.

A new and exciting project is taking place entitled "Back to the Future". This is

centred on taking the best practice of old nursing styles and translating them into 21st century practice. It is based on the work of Florence Nightingale the founder of modern nursing, from her notes on nursing 1859'.

- **Noise which excites expectation** (Discussing the patient within earshot but not directly)
- **Indecency of the crinolines** (Professional Dressing)
- **Want of attention to hours of taking food** (Timing of meals, feeding patient and nutritional balance)
- **Nursing ought to assist the reparative process** (Prevention of pain and suffering)
- **The first role of nursing is to keep the air within as pure as the air without** (a clean environment for patients)
- **What is the cause of half the accidents that happen** (Lack of supervision and monitoring)
- **What it is to be in charge** (Leadership)
- **Poisoning of the skin** (Infection control and personal cleanliness)
- **Mockery of the advice given to the sick** (Talking to relatives and patients appropriately).

We will work with our public / patient involvement group adopting a ward and working with the staff on the dignity and respect for patients. Sharing experiences from both sets of perspectives and using reflective practice and mutual support to achieve excellence in practice.

Other Business from the April Meeting:

The Council scrutinised various reports presented by executives of the Trust including the Trust's performance report, annual national patient survey report, end of year outturn estimate of the 2010/11 financial position report and updates on the contract position and business plan for 2011/12.

The Council approved the following:

- Update on the post of a New Substantive Chairman of the Trust
- Nomination to Research and Innovation Committee
- Council of Governor Term of Office (Lead Governor and Deputy Chair) Report
- Statement on the Composition of Non-Executive Directors
- Amendment to the Constitution
- Chairman and Non-Executive Director Performance and Evaluation Process Report
- The Council of Governors Governance Cycle.

The Council also received the Annual Report on performance of the Council of Governors (more detail on the opposite page) and the Nominations, Remuneration and Evaluation Committee (NREC).

All paper reports are available on the Trust's website for the public to view.

Council of Governors Extraordinary Meeting, May 2011

The Council of Governors approved the appointment of Angela Schofield as the new Chairman of Poole Hospital NHS Foundation Trust. A small group of governors saw through the whole recruitment process for the new chairman of the Trust.

Should you wish to attend a Council of Governors meeting in the future as an observer you are more than welcome. The details are below in Diary Dates.

Your Public Governors

These are your public governors. Governors are elected by you to represent your views on the Council of Governors.

Poole

- Emma Chamberlain
- Andrew Creamer
- Vivien Duckenfield
- Richard King
- James Pride
- Elizabeth Purcell
- Gerald Rigler
- Sandra Yeoman

Bournemouth

- Brian Newman
- Terence Purnell

Purbeck, East Dorset and Christchurch

- Chris Archibold
- Geoffrey Carleton
- Rosemary Gould

North Dorset, West Dorset, Weymouth and Portland

- Isabel McLellan

Should you wish to discuss with your local governor anything regarding Poole Hospital you can contact the membership office on **01202 448723** or email **members.contact@poole.nhs.uk**

Should you wish to meet a governor we are planning to hold more events at local libraries and we are happy to send a governor to talk to any local groups that you are associated with.

Your Staff Governors

Details of staff governors and how to contact them are available under staff information on the Trust's intranet.

Diary Dates

- 11 August** Council of Governors Meeting at Poole Hospital from 5.30pm
- 6 October** Council of Governors Meeting from 4.45pm, Poole Salvation Army
- 6 October** Annual Members' Meeting, Poole Salvation Army from 6.30pm
- 12 November** EuroRally 33*

* For more details please contact the team on **01202 448449**

Assessment of Collective Performance of the Council of Governors November 2009 – March 2011

As part of Monitor's Code of Governance, the Council of Governors, led by the Chairman, should periodically assess their collective performance. The following is a summary of the review and the full report can be found on our website:

http://www.poole.nhs.uk/about_us/council_of_member_representatives/April_2011/documents/CoGApr11KAnnualReportofCoG.pdf

The Council has travelled a long way in the past 17 months. It has delivered in a whole range of areas as required by the Constitution and Monitor's Code of Governance under difficult circumstances.

Purpose of the Council

- The Council is responsible for representing the interests of NHS Foundation Trust members and partner organisations in the local health economy in the governance of the NHS Foundation Trust;
- The Council should hold the Board of Directors to account for the performance of the Trust including ensuring the Board of Directors acts so that the Foundation Trust does not breach its Terms of Authorisation;
- Governors are responsible for regularly feeding back information about the Trust, its vision and its performance to the constituencies and the stakeholder organisations that either elected or appointed them.

Council Meetings

In the period of this assessment the Council has met on seven occasions. There is a standing agenda item for items on notice and urgent motions or questions.

The majority of the meetings start with a presentation to inform the Council, presentations received include:

- The Strategic Plan for a Healthier Dorset 2010-2014 from the Chief Executive of NHS Dorset;
- The Trust's financial position from the Director of Finance;
- Poole Africa Link from the Interim Chairman;
- University Status from a representative from Bournemouth University and the Chief Executive;
- The Trust's complaints procedure from the Legal Services Manager;
- Research and Development within the Trust from the Research lead;

The Council receive reports from the executives and Company Secretary throughout the year such as:

- The Trust performance report (financial and clinical);
- The quality report;
- Chairman and Non-Executive Director appraisal process;
- Appointments or re-appointments of Non-Executive Directors;

- Register of interest of the Council;
- The Trust's Annual Plan and Annual Report;
- Chairman's and Non-Executive Directors' remuneration and allowances;
- Changes to the Constitution.

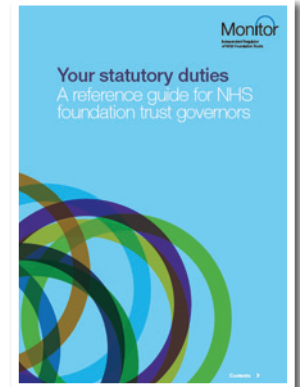
Development of Governors

The Council have sent representatives to the South West Governors Exchange Network enabling Governors from each Foundation Trust to meet to discuss matters of mutual interest and meet colleagues.

The Council approved a new Governor Development Plan at their meeting in January which will assist them in broadening their knowledge and skills.

All Governors are provided with an induction and the publication "Your Statutory Duties: A Reference Guide for NHS Foundation Trust Governors" and "Guide to Monitor for NHS Foundation Trust Governors".

The Council will look to develop further the membership and its engagement with members through the overarching membership strategy and the new Membership Engagement Group.



Annual Members' Meeting

The Annual Members' meeting is to take place on the 6 October 2011 at 6.30pm at Poole Salvation Army, 2 New Orchard, BH15 1LY. Final details are to be arranged and invitations will be sent nearer the time to those that have requested invitations to meetings. Should you wish to receive an invitation by changing your membership interest status please contact Anita Bonham on **01202 448723** or e-mail: members.contact@poole.nhs.uk



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Future Developments for the NHS

The NHS Future Forum has published its 16 recommendations on changing the NHS reforms, which moderate the pace of change, involve more healthcare professionals in commissioning, boost patients' rights, avoid competition as an end in itself, and increase accountability.

In a statement the Health Secretary Andrew Lansley said;

"I believe the revised plans we set out today will both safeguard the future of our NHS, and ensure it is more efficient and more accountable, moving us closer to having a high-quality health service that puts patients at the heart of everything it does."

Poole Hospital Charity Update

Ahoy me hearties!

Yar Har!! Landlubbers and sea-dogs alike flocked to Poole Quay to celebrate the life of the town's most notorious resident – pirate Harry Paye on Saturday 18 June. The annual family fun day, run by the Pirates of Poole, boasted a host of activities including gig racing, the annual Fisherman's Regatta, tug of war and fancy dress parade of young pirates.

Despite the weather the crowds turned out and helped to raise money for local charities – two thirds will go to Poole Hospital Charity with the remainder going to Lewis Manning Hospice.

Around the World in eight Days Static Cycle Event

A big thank you to Karen Adams and 700 riders who supported her in aid of Poole Hospital Charity, Dorset Cancer Centre. The cyclists completed the challenge, cycling around the world, 24,906 miles in just 5 days and 6 hours, almost 3 days early. They continued to pedal to complete the 8 days reaching a whopping final team total of 33,643 miles, one and a half times around the world.

An estimated £75,000 has been raised which will be used to purchase essential equipment for the Dorset Cancer Centre.

Keep on Running

The 30th Festival of Running was held in Poole Park on Sunday 5 June attracting more than 1,500 runners of all ages. Last year's event raised more



than £8,500 for the Maternity Unit. Head of Midwifery Sandra Chitty said *"we very much appreciate the effort and time that so many people give so generously on our behalf to organise and take part in this event!"*.

Poole Hospital Charity are thrilled to announce that they have been nominated as the Festival of Running Charity again for 2012 so start training now!

Walkies

On Friday 3 June about 40 walkers set off from Sidmouth to walk the coastal path to Weymouth in aid of a fund raising challenge for Brown Dog Charity.

None of this amazing group were local and included two staff from Leicester Dermatology Unit for whom the group raised funds last year. They, along with 15 others who walked 15 miles around Portland on Saturday, hope to have raised £40,000 to purchase a Digital Biopsy Cabinet for Breast Screening.

Next years Challenge involves a 40 mile cycle ride followed by a 15 mile walk in Derbyshire or 30 mile cycle ride and 8 mile walk. It would be great to get a team from Poole together to support this charity. Check out the Brown Dog website for further details: www.cancerbrowndog.co.uk

EuroRally 33 an adventure for Poole Hospital Charity

If you fancy a fun and exciting new challenge then join EuroRally 33 – a charity car rally that hopes to raise more than £80,000 for BBC Children in Need and five local charities including Poole Hospital Charity.

The car rally will leave from Wimborne on Saturday 12 November, ending the following Friday in Rome, where 33 Pudsey Bears will congregate at the Coliseum. The journey will include London, Paris, Zurich, Milan, Lucca and Sienna with various challenges along the way.

For more information go to www.EuroRally33.org or contact the fundraising office at fundraising@poole.nhs.uk.



Poole Showcases New Surgical Technique

Surgeons from around the UK will be visiting Poole Hospital over the coming months to witness a ground-breaking procedure used in the treatment of piles.



Poole Hospital has been named as a national training centre for the HALO (Haemorrhoidal Artery Ligation Operation) procedure, which uses a special handset to deal effectively with prolapsing haemorrhoids without the need for cutting. Poole is the first hospital in the region to use the technique, following its introduction three years ago by Consultant Surgeon Mr Andrew Clarke.

The first training session took place last month and feedback from the event has already been very positive.

The technique has significant benefits for patients, allowing a faster recovery and much less pain after surgery.

Pictured are Poole Hospital surgeons Mr Andrew Clarke, Mr Tas Qureshi and Mr Atif Alvi with visitors from Imperial College and Norwich Hospitals.

Pioneering Epidural Research at Poole

In March, a research project from Poole Hospital NHS Foundation Trust in collaboration with Bournemouth University was showcased at a poster competition held at the House of Commons.

The annual competition promoting early-stage and early-career research scientists is held during National Science and Engineering Week. Our project was chosen out of a large number of leading research applications from around the UK to appear amongst the 60 finalists at the House of Commons.

The aim of our project is to develop a novel Epidural Simulator for virtual training and administration. We are developing an interactive computer graphics model of lumbar spinal vertebrae with a needle insertion device. Ultimately this complete Epidural Simulator will help to train both novice and experienced anaesthetists, with a goal of making epidural procedure safer.

MPs and other competitors showed much interest in our Epidural Simulator and later Bournemouth West MP Conor Burns visited the university to learn more. Our work stood out from the other projects due to its multidisciplinary nature combining clinical, imaging, computing and engineering aspects.

The event was a great opportunity to raise awareness for our project, which started in October 2010 and is scheduled for completion in October 2013.



Neil Vaughan (PhD student) and Professor Michael Wee demonstrate the prototype epidural simulator to Bournemouth West MP Conor Burns at Bournemouth University.